

Hospice “Swimathon” Instructions

New this year...hit a target of \$1,000 in swimmer's pledges and a prize will be awarded - for swimmer's pledges reaching \$500 target there is a prize for you too!

- All swimmers may do their laps for the Swimathon at the Trail Aquatic & Leisure Centre, 1875 Columbia Avenue in Trail on **March 9, 2017** between the hours of **noon to 8:00PM**. There will be two lanes designated for Hospice swimmers. If they are busy you may use the regular lap lanes. **Due to insurance issues each swimmer will be responsible for paying their own pool user fee. If you do not have a pool pass contact the Hospice office and we will reimburse you for the entrance cost.**
- **Each swimmer must submit their Pledge Sheets and “Swimmer Summary Sheet” to a Hospice Volunteer at the pool prior to their swim. Money collected should be handed in at that time.** It might be easier to have a pledge sheet for those people who have paid you already and one for those who wish to pay after you have completed your swim.
- Each swimmer will be responsible to collect the pledges on their forms. We recommend that pledges be collected **prior** to your swim. All money should be submitted to Hospice by March 31, 2017 at the latest so that tax receipts can be issued. Please call Barbara at (250) 368-8782 to arrange for pick up or you it can be dropped off at the Hospice office.
- Pledges \$15.00 and over will be receipted. Please ensure that your sponsors fill out their complete mailing address and **print their name & address clearly**. Cheques made payable to *Greater Trail Hospice Society*. Sponsors can also pledge securely on line using their credit card through the Hospice website. Please note on your pledge sheet the people who are sponsoring by credit card.
- Money collected will go towards Hospice operating costs including staff and volunteer training, volunteer appreciation, our library, and public events in our communities.
- **Questions??? More Pledge sheets?** Call the Hospice office at (250) 364-6204.
- Sponsors will not have to pay for more laps than the number of anticipated laps the swimmer has recorded on the front of the pledge sheet.

Who can you ask to support you with a pledge? Your friends, your work place, your church, where you bank, your doctor, and therapist are all fair game. If you are shy about asking for pledges get your spouse or a friend to get pledges for you.

**THANK YOU FOR YOUR SUPPORT
AND CONTRIBUTION**